

## Groups

All groups now run here at the Family Centre in the Loft;

Baby & Toddler Group runs Monday mornings 9am-10.45am (term time)

Monday Adult Drop in runs Mondays from 12.30pm - 2.30pm (term time)

## Upcoming Events

The best place to find out what we are up to is by liking our Facebook page "Bacup Family Centre" or visit our website [www.bacupfamilycentre.co.uk](http://www.bacupfamilycentre.co.uk).

Keep your eyes peeled for our next events which may include;

Holiday Club, Pop up Uniform Shop, Coffee mornings & Winter Warmer support.

## Get in touch

If you or anyone you know is in need of any support, we are here to help!

Please contact us 01706870683 / [enquiries@bacupfamilycentre.co.uk](mailto:enquiries@bacupfamilycentre.co.uk) or pop into the Centre Mon– Friday 9am—3pm Bacup Family Centre, Top Floor, ABD Centre, Burnley Road, OL13 8AB

### Staff

Leila Allen - Project Manager

Rachel Allen - Family Support Worker

Zoe Leyland - Family Support Worker

Zoe Ashworth - Family Support Worker

Natasha Cartwright - Administrator

### Trustees

Janice Lewer - Chair

Alison Perry - Secretary

Lynne Kemp - Treasurer

Jo Emberton - Marketing and Publicity

Suzanne Craven

Janet O'Neill

Our plans for the next 12 months are:

- To develop volunteers in number and ability
- To create greater financial stability of core funding
- To raise profile of the Centre Open events
- To respond to changes in legislation that affects families.
- To develop effective partnerships
- To develop a clear strategic plan for the Centre for the next 10 years
- To ensure compliance with all relevant legislation regarding the work of the Centre



## ANNUAL REPORT

April 2021 — March 2022



We are so lucky to have Bacup Family Centre here at the ABD!

I'm so grateful for all you have done to help me and continue to do!



Having someone to finally talk to, who listens to me, has made a huge difference to me!



It's thanks to people like you, that take the time to help and support those in need, who are the superstars!



# Summary of the Year

We were fully moved into the ABD by April 2021 and we have settled well in our lovely new home. Thankyou to Peter & Steve for having us and all your help getting the rooms ready! As restrictions started to lift from summer 2021 we have been delighted to open our doors once again and resume face to face services and boy have we made up for lost time!

In September we kicked off our Toddler & Baby group with a Baby Celebration event where parents of little ones born since the pandemic could come and celebrate their bundles of joy, eat cake, meet other mums and have a good old natter! It was lovely to see so many new faces and many now regularly attend our Monday Toddlers group! Monday adult drop in resumed in September. We now have a wonderful group of regulars who pop in each week for a cuppa, bingo, seasonal crafts, pool and a chat! Tuesday prayer group has also resumed from September in the family lounge.

In October we ran a Toy Sale and Coffee morning. As well as the increase in referrals and needs for families during the Christmas period, staff and volunteers handmade Christmas crafts and baked goods to sell at our Christmas Fair which was at the end of November it was well attended and not a tombola prize remained! Huge thankyou to all the local businesses who donated some fabulous raffle and tombola prizes! We then ran a successful Christmas Quiz and Carol night in the Loft space which was great fun for both children and adults in attendance. Everyone commented on how much they had enjoyed the evening!

We have continued to provide specific packages of care support & practical and emotional support for individuals in times of crisis and need. We have provided emergency food, gas and electric, clothing and household items for families and individuals, transport to appointments i.e., medical, school, support groups. In our close working relationship with Children's Social Care, we have also provided clothing and baby goods.

Befriending of young people has continued to be a large part of our work. As well as befriending sessions here in the Centre and in the home our Community Family Support Workers continued going into local schools. Empowered, our girl's group, resumed in November 2021 for the first time since before Covid! This now runs once a week at All Saints High School where the girls attending are referred through school. The sessions are used to discuss and work on things such as body image and self-confidence, bullying, peer pressure, grooming and animal cruelty.

We actively recruited for new volunteers throughout the year. As a result of our recruitment drive, we welcomed Shirley, Naomi, Maggie, Michelle, Di, David and Carol to our volunteer roster! Collette our longest standing volunteer was over the moon to be back for groups, and we were grateful to have her wealth of experience and infectious personality back!

# Solutions - Community Youth Project

A new and exciting development in our work has been our detached youth work. Solutions is a joint project with residents, young people, police, local councillors, local community groups and organizations to name a few. The project has grown significantly and at a fast pace. Our goal for next year is to have an additional Town Centre premise for the use of local youth and children's provision! Thank you to all who have been involved in the project, your commitment to the children and youth of our town has taken this from a pipe dream to a reality! Our Family Support Workers have been carrying-out evening walk-about since November 2021 once a week to engage with the young people and explore what it is they want and need, and how life for them can be improved. This has continued come rain or shine. Relationships built quickly and the young people openly shared what they would like to see in youth provision. In reality they weren't asking for much; somewhere warm and safe, and somewhere to meet and chat with their peers and staff alike – and of course snacks!

## Family Support & Centre Work

Throughout the year we have worked with a total of 416 people; 180 adults and 236 children. We have provided:

- Intensive family support to 76 families, 166 individuals = 72 adults and 94 children/young people.
- Ad-hoc family support to 18 individuals.
- 15 young people received befriending and mentoring individual support.
- Empowered girl's group 18 young ladies attended.
- Weekly term-time pre-school Toddler group play total attendance 138.
- Adult Drop-in = 21 where ages range from 18 years to 75.
- Solutions – Young people weekly walk abouts and hot-dog sessions 40.

## Thankyou

As always we could not do what we do without the kindness of others!

We would like to express our sincere thanks to everyone who has supported us this past year. All of our individual and monthly givers. Everyone who has prayed for us, shared our social media posts & helped in our appeals. The local community, local businesses and churches who have supported the work of the centre, our events and appeals.

To our wonderful staff and amazing volunteers! To our Trustees for their faith and trust in us and their continued support!